



## COURSE OUTLINE: EST0114 - HAIR REMOVAL

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Approved: Martha Irwin, Chair, Community Services and Interdisciplinary Studies

<b>Course Code: Title</b>	EST0114: HAIR REMOVAL
<b>Program Number: Name</b>	1120: COMMUNITY INTEGRATN
<b>Department:</b>	C.I.C.E.
<b>Semesters/Terms:</b>	19F
<b>Course Description:</b>	This course will provide students with theoretical knowledge of the structure of the hair, stages of hair growth, disorders and related conditions. Students will develop skills in conducting client consultations and will develop the practical skills required to perform a variety of safe and effective hair removal services on the face and body with the use of hard and soft waxes. Emphasis will be placed on speed and accuracy and the practice of safety, sanitation and disinfection. Students will also gain skills in client consultation.
<b>Total Credits:</b>	4
<b>Hours/Week:</b>	4
<b>Total Hours:</b>	60
<b>Prerequisites:</b>	There are no pre-requisites for this course.
<b>Corequisites:</b>	There are no co-requisites for this course.
<b>This course is a pre-requisite for:</b>	EST0208, EST0210
<b>Essential Employability Skills (EES) addressed in this course:</b>	<p>EES 1 Communicate clearly, concisely and correctly in the written, spoken, and visual form that fulfills the purpose and meets the needs of the audience.</p> <p>EES 2 Respond to written, spoken, or visual messages in a manner that ensures effective communication.</p> <p>EES 4 Apply a systematic approach to solve problems.</p> <p>EES 5 Use a variety of thinking skills to anticipate and solve problems.</p> <p>EES 6 Locate, select, organize, and document information using appropriate technology and information systems.</p> <p>EES 7 Analyze, evaluate, and apply relevant information from a variety of sources.</p> <p>EES 8 Show respect for the diverse opinions, values, belief systems, and contributions of others.</p> <p>EES 9 Interact with others in groups or teams that contribute to effective working relationships and the achievement of goals.</p> <p>EES 10 Manage the use of time and other resources to complete projects.</p> <p>EES 11 Take responsibility for ones own actions, decisions, and consequences.</p>
<b>Course Evaluation:</b>	Passing Grade: 50%, D
<b>Other Course Evaluation &amp; Assessment Requirements:</b>	In order to successfully complete this course, students must maintain an 80% attendance record throughout the semester.



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**Course Outcomes and Learning Objectives:**

Upon successful completion of this course, the CICE student, with the assistance of a Learning Specialist will acquire varying levels of skill development relevant to the following learning outcomes:

<b>Course Outcome 1</b>	<b>Learning Objectives for Course Outcome 1</b>
1. Conduct a professional client consultation.	Potential Elements of the Performance: 1.1 Conduct self in a professional manner and demonstrate effective communication skills. 1.2 Analyze information recorded on the client health history form. 1.3 Determine contraindications, cautions and necessary modifications to treatments utilizing information related to product ingredients and client health history. 1.4 Recognize when to refuse a treatment due to health and safety concerns and when to refer to a physician. 1.5 Discuss before and after care precautions and procedures. 1.6 Recommend the use of esthetic products for home care maintenance and explain the correct usage and benefits of each. 1.7 Contribute to the maintenance of client documents and records by accurately recording information and filing confidential client information.
<b>Course Outcome 2</b>	<b>Learning Objectives for Course Outcome 2</b>
2. Perform a variety of safe and effective hair removal services on the face and body with the use of hard and soft waxes.	2.1 Prepare a treatment room and work station for a waxing service and maintain a clean, safe and organized work area. 2.2 Apply the correct procedures and precautions required for the safe removal of body and facial hair. 2.3 Perform and complete the steps of a professional waxing service on male and female clients. 2.4 Effective and speed accuracy during a waxing treatment.
<b>Course Outcome 3</b>	<b>Learning Objectives for Course Outcome 3</b>
3. Select and recommend the use of esthetic products to clients.	3.1 Consult with and recommend to clients essential home maintenance products in order to maintain the health of the skin. 3.2 Promote the features and benefits of esthetic products and services to client, to assist them in determining course of action. 3.3 Explain a home maintenance schedule to the client and demonstrate the correct usage of various skin care products and tools. 3.4 Explain to the client the benefits and the effects of the products and tools.
<b>Course Outcome 4</b>	<b>Learning Objectives for Course Outcome 4</b>
4. Maintain and use waxing equipment, instruments, materials and supplies according to the industry standards and in compliance with the Algoma Public Health.	4.1 Practice safe and effective sanitation, disinfection and sterilization methods on instruments, equipment, materials, work surfaces and work stations as required by the Algoma Public Health. 4.2 Use electrical waxing equipment safely and correctly. 4.3 Use instruments, materials and supplies in a safe, correct and professional manner. 4.4 Maintain, and store all equipment, instruments, materials and supplies according to manufacturer's guidelines and as



	required by Algoma Public Health regulation.
<b>Course Outcome 5</b>	<b>Learning Objectives for Course Outcome 5</b>
5. Apply relevant knowledge of the structure and composition of the hair to the provision of hair removal services.	5.1 Apply knowledge of the structure and composition of the hair, identifying the stages of hair growth, hair types, disorders and related conditions. 5.2 Describe how health, age, gender, diet, stress and external factors can affect the hair. 5.3 Apply knowledge of the body systems, such as the immune and circulatory systems and apply their basic functions to the provision of hair removal services, taking into account contraindications, cautions and appropriate modifications. 5.4 Describe the most common home hair removal methods and the effects they have on the skin, hair and regrowth. 5.5 Describe the advantages and disadvantages of permanent and semi-permanent hair removal methods.
<b>Course Outcome 6</b>	<b>Learning Objectives for Course Outcome 6</b>
6. Adhere to health, safety, sanitation, infection and prevention control guidelines, according to the industry standards in compliance with Algoma Public Health regulations.	6.1 Practice disinfection/ sterilization procedures in accordance with Algoma Public Health regulations. 6.2 Practice sanitation procedures as required by the Algoma Public Health regulations. 6.3 Use gloves, masks or other suitable personal protective equipment appropriately during the provision of treatments to ensure safety of the client, yourself and others. 6.4 Handle hazardous materials and dispose of waste in compliance with Algoma Public Health regulations.
<b>Course Outcome 7</b>	<b>Learning Objectives for Course Outcome 7</b>
7. Establish and maintain a professional image and conduct in adherence to the standards and ethics associated within the esthetic industry.	7.1 Comply with the Policies and Procedures developed by the Esthetician`s Diploma Program and adhere to the professional expectations for dress, hygiene and grooming. 7.2 Adhere to the policies outlined in the Student Code of Conduct regarding behaviour and conduct inside and outside the classroom. 7.3 Adhere to the code of ethics associated with the esthetic practice. 7.4 Demonstrate accountability for your academic and professional growth by soliciting constructive feedback relating one`s own performance, strengths and limitations. 7.5 Determine current trends and issues impacting the esthetic industry. 7.6 Review the role of professional associations affiliated with the esthetic industry. 7.7 Demonstrate effective interpersonal, verbal and non-verbal communication skills in dealing with peers, faculty and clients. 7.8 Demonstrate punctual attendance to all classes and be prepared with all the necessary materials for each class. 7.9 Clean and either disinfect or sterilize all instruments, equipment and client draping materials after each use. Keep workstations neat and clean during and after each service.
<b>Course Outcome 8</b>	<b>Learning Objectives for Course Outcome 8</b>



	<p>8. Develop customer service strategies that meet and adapt to individual needs and expectations in accordance with professional standards and ethics.</p>	<p>8.1 Determine the characteristics and benefits of excellent customer service.  8.2 Recommend services and products to meet individual needs and expectations.  8.3 Use effective communication skills and problem solving strategies to respond to customer complaints in the Student Esthetician Clinic.  8.4 Adhere to codes of ethics and conduct related to quality customer service.  8.5 Analyze the impact of excellent customer service and the ability to promote home maintenance products.</p>
	<p><b>Course Outcome 9</b></p>	<p><b>Learning Objectives for Course Outcome 9</b></p>
	<p>9. Determine professional development strategies that lead to the enhancement of work performance and career opportunities and keep pace with industry change.</p>	<p>9.1 Solicit constructive feedback relating to ones own performance, strengths and limitations, to identify areas for professional growth and development.  9.2 Determine current trends and issues impacting upon the delivery of esthetic services.  9.3 Identify learning resources and opportunities which promote professional skill development.</p>
	<p><b>Course Outcome 10</b></p>	<p><b>Learning Objectives for Course Outcome 10</b></p>
	<p>Introduction to sugaring. Perform a safe and effective hair removal service on the face and body with sugaring techniques.</p>	<p>1.1 Prepare a treatment room and work station for a sugaring service and maintain a clean, safe and organized work area.  2.2 The difference between sugaring and waxing  2.3 Apply the correct procedures and precautions required for the safe and effective hair removal of the body and facial hair.  2.4 perform and complete the steps of a professional sugaring service.  2.5 Sanitation and disinfection</p>

**Evaluation Process and Grading System:**

Evaluation Type	Evaluation Weight
Hair removal evaluation	10%
Hair removal final exam	30%
Hair removal Practical evaluation	20%
Practical class participation	30%
Structure of the hair theory test	10%

**CICE Modifications:**

**Preparation and Participation**

1. A Learning Specialist will attend class with the student(s) to assist with inclusion in the class and to take notes.
2. Students will receive support in and outside of the classroom (i.e. tutoring, assistance with homework and assignments, preparation for exams, tests and quizzes.)
3. Study notes will be geared to test content and style which will match with modified learning outcomes.
4. Although the Learning Specialist may not attend all classes with the student(s), support will always be available. When the Learning Specialist does attend classes he/she will remain as inconspicuous as possible.

**A.** Further modifications may be required as needed as the semester progresses based on

individual student(s) abilities and must be discussed with and agreed upon by the instructor.

**B. Tests may be modified in the following ways:**

1. Tests, which require essay answers, may be modified to short answers.
2. Short answer questions may be changed to multiple choice or the question may be simplified so the answer will reflect a basic understanding.
3. Tests, which use fill in the blank format, may be modified to include a few choices for each question, or a list of choices for all questions. This will allow the student to match or use visual clues.
4. Tests in the T/F or multiple choice format may be modified by rewording or clarifying statements into layman's or simplified terms. Multiple choice questions may have a reduced number of choices.

**C. Tests will be written in CICE office with assistance from a Learning Specialist.**

***The Learning Specialist may:***

1. Read the test question to the student.
2. Paraphrase the test question without revealing any key words or definitions.
3. Transcribe the student's verbal answer.
4. Test length may be reduced and time allowed to complete test may be increased.

**D. Assignments may be modified in the following ways:**

1. Assignments may be modified by reducing the amount of information required while maintaining general concepts.
2. Some assignments may be eliminated depending on the number of assignments required in the particular course.

***The Learning Specialist may:***

1. Use a question/answer format instead of essay/research format
2. Propose a reduction in the number of references required for an assignment
3. Assist with groups to ensure that student comprehends his/her role within the group
4. Require an extension on due dates due to the fact that some students may require additional time to process information
5. Formally summarize articles and assigned readings to isolate main points for the student
6. Use questioning techniques and paraphrasing to assist in student comprehension of an assignment

**E. Evaluation:**

Is reflective of modified learning outcomes.

**NOTE:** Due to the possibility of documented medical issues, CICE students may require alternate methods of evaluation to be able to acquire and demonstrate the modified learning outcomes

**Date:** August 28, 2019

**Addendum:** Please refer to the course outline addendum on the Learning Management System for further information.

